

Seemantham

(Puja, generally done during 8th month of pregnancy)

Materials	Quantity
Kalagam	By MTS for puja at temple.
Turmeric powder	1 packet
Kumkum	1 pkt.
Sandalwood paste/powder	1 packet
Camphor	1 packet
Incense Sticks	1 packet
Flowers	2 Bunches
Fruits	12 Bananas & other fruits
Coconuts	4
Rice	4 lbs.
Ghee	1lb
Honey	1 small bottle
Fire log / Fire Starter	1 lot
Towel or fabric for Kalagam	1 towel or 2 yds fabric
Plain cooked rice	1 cup
Coins	\$10
Betel leaves & nuts	4 leaves plus 2 nuts
Whole Milk	½ Gallon
Flower garland	2
NEW SARI IS OPTIONAL FOR EXPECTANT MOTHER	

Additional materials required if puja performed at home:

Materials	Quantity
Panchapatram & Spoon	1 set
Paper towel roll	1
Stainless steel cups / silver cups / paper cups	5
Plates or Trays	4
Spoons	2
Pooja Bell	1